

The IPV-ADAPT+ Framework

Best Practices in Adapting
IPV Prevention Programs

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ADAPTATION

● the process of modifying the content, delivery or implementation of a program to optimize its fit for a different context or population.

● the process upholds the original program's core components* to achieve intended impact.

***core components** = features which fundamentally define program and are responsible for desired effects. Should NOT be modified

The IPV-ADAPT+ Framework

What: Evidence-based guidance and tools that will enable various actors to strengthen the adaptation of IPV prevention programming for diverse settings.

Who: Developed by researchers & practitioners at Equality Insights Lab and SVRI with input from a technical advisory group.

Methods: Literature review (165+ articles / reports) + 20 key informant interviews (researchers, practitioners, donors).

Launching in 2022

The IPV-ADAPT+ Framework

- **Intentional, Planned and Validated (IPV)**: Limits unintentional deviations and 'on the fly' adaptations, is systematic, and has validation checkpoints integrated in the process.
- **Plus (+)**: Applies ethical principles, community-based participatory and women-centred approaches, and learning-oriented M&E.
- **Components**: 5 stages, 15 steps. Flexible approach recognizing process may not be linear.

+ Participatory community & women-centered approach
+ Ethical & evidence-based adaptation
+ Learning-oriented monitoring & evaluation

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ASSESS CONTEXT & SELECT IPV PREVENTION PROGRAM

- 1 Assess community context & IPV risk factors
- 2 Select an IPV program to adapt
- 3 Consult stakeholders & establish partnerships

D

DESIGN IPV PROGRAM ADAPTATION APPROACH

- 4 Review core components of selected IPV program & materials
- 5 Refine theory of change
- 6 Identify adaptations needed & develop approach

A

ADAPT IPV PROGRAM

- 7 Modify selected program components & or develop new materials while considering fidelity & fit
- 8 Obtain feedback on adapted materials & approach from stakeholders & communities
- 9 Document adaptation process & capture learning

P

PILOT & REFINE ADAPTED IPV PROGRAM

- 10 Design & conduct a pilot test of adapted program among population of interest, including key indicators
- 11 Analyze pilot results & refine materials & approach accordingly

T

TARGETED IMPLEMENTATION & EVALUATION

- 12 Develop implementation & evaluation plans
- 13 Implement adapted program & collect M&E data
- 14 Analyze data, interpret findings & develop recommendations to inform next steps
- 15 Disseminate findings & scale effective IPV programs

PROPOSAL DEVELOPMENT PHASE

ADAPTATION & PILOT PHASE

IMPLEMENTATION & EVALUATION PHASE

Best Practices: Project Development Phase (“A”)

- Select an evidence-based program that matches program goals & needs of new population / community

consider: strength of evidence, availability of implementation guidance / tools, required capacities & resources

- Involve the right people and partners

consider: inclusion of community, original program developers, topical experts & other key stakeholders throughout adaptation

- Understand the community & context

consider: IPV risk & protective factors, organizational capacities, systemic barriers & facilitators

Best Practices: Adaptation & Pilot Phase (“DAP”)

- ◎ Identify types of adaptations needed using systematic approach

consider: identify & maintain core components, identify mismatches between original program & new population (i.e. group characteristics, program delivery, partners, contextual factors)

- ◎ Modify program components and/or develop new materials while considering fidelity & fit

consider: develop adaptation plan to ensure adaptation is done systematically, core components are maintained, engagement of community & stakeholders throughout, monitoring of key milestones

- ◎ Obtain feedback on adapted materials & approach

consider: feedback from key stakeholders, target population, original program developers & subject matter experts on clarity, accuracy etc.

Best Practices: Adaptation & Pilot Phase

(“DAP”) *continued*

☉ Document adaptation process & capture learning

consider: use a modification matrix to list planned & actual modifications, aims & decision-making / justification of each modification.

☉ Pilot-test adapted program & refine accordingly

consider: pilot test the entire adapted program on a small scale to understand – cultural acceptability of adapted materials, participant recruitment strategies, fidelity of intervention delivery, implementation quality, M&E tools and measures. Track unintended consequences.

Recommendations for the future

- Advocate for / support ethical & systematic adaptation of IPV prevention programs. This requires sufficient time, budget & capacities.
- Strengthen community & organization readiness and sustained capacities for IPV prevention programs.
- Integrate documentation of adaptation processes & learning-oriented M&E.

Thank You

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<https://www.svri.org/documents/ipv-adapt-framework>