

# USER GUIDE

## HOW TO ENGAGE ON SPARKBLUE?

Scan to watch our video walk-through



### REMEMBER!

Choose your language from the top right menu.

- 1** Go to [sparkblue.org/user/register](https://sparkblue.org/user/register) and register with your email
- 2** Follow the instructions to set up your profile. Add a profile picture!
- 3** Go to the consultation space: [sparkblue.org/telehealth-consultation](https://sparkblue.org/telehealth-consultation) and click on the red "JOIN" button.
- 4** Click on one of the 2 discussion rooms on the bottom right of the consultation page to read comments other users shared and **ADD YOUR VOICE!**
- 5** Go back to the main SparkBlue homepage to discover and join other events and consultations: [sparkblue.org](https://sparkblue.org)